

# Raincross Quilt Guild Block of the Month

## September 2024 - June 2025

### #8 Stitching the Words - April 2025

Cut two 4" x 36  $\frac{1}{2}$ " strips of background fabric.

You will be stitching words on each of these strips.

1. Print the attached "word" sheets and cut them into horizontal strips. Tape the top and lower rows together. Then using a light box or window trace the words on to the strips using an ultra-fine point Sharpie, pencil, etc.
2. Press fusible lightweight interfacing of your choice (I used Pellon SF 101 - Shape-Flex fusible woven interfacing) to the back.

**Note:** (If you choose to use a Frixion pen, fuse first then trace letters.)

3. Stitching the words is a two-step process. (This is what I did but you may want to use another method.) Using 3 strands of embroidery floss **back stitch** each letter. Then using 6 strands of floss **whip stitch** the backstitching. If you are not familiar with the stitches, there are YouTube videos to show you how. Go to YouTube.com and type "how to backstitch". Stitch and whip one letter at a time so you will not be able to see thread going from letter to letter if you used a light background and dark thread.

Now connect the rows according to the picture below.

Next month you will get instructions for the final step to complete your top. If you are participating and will be ready for that step, we will have something for you to make finishing a little easier. Call Susan or Jeri by May 13 if you will have your first seven month's steps completed by the meeting on May 20.

Contact Susan or Jeri if you have questions, concerns, or corrections.

