

RQG 2026 BOM - May

One block 15" x 15" finished (15 ½" x 15 ½" unfinished).

Block #5 - Modified Rocky Mountain Chain

Cut from background

4 - 4" squares

8 - 2 3/8 squares, cut in half on the diagonal

8 - 2" x 3 ½" rectangles

Cut from focus fabric (black)

4 - 3 ½" squares

4 - 2 5/8" squares

Cut from Fabric 1 (red)

4 - 3 ½" squares

Cut from Fabric 2 (green)

5 - 3 ½" squares

1. Start with the 4" squares of background and of Fabric 1. Place one of each RST, draw diagonal, sew ¼" on each side, cut on the line and press. (We pressed to the white). Trim to 3 ½"
2. Use the 1 - 2 5/8" square of focus fabric and 4 small background triangles. Sew two triangles to opposite sides of the focus square. Press to the triangles. Repeat for the other two sides. Trim to a 3 ½" square.



3. Sew two 2" x 3 ½" rectangles to opposite sides of the square from step 2. Press to the rectangles.



4. Arrange two half square triangles and the $3\frac{1}{2}$ " squares according to the figure. Sew and press. Make 3 of these units



5. Arrange all parts according to following figure. Stitch the rows together and press seams open.



6. Stitch the three sections together and press seams open.



Here's a great site for making Square in a Square!

<https://quiltingjetgirl.com/2021/03/15/square-in-a-square-tutorial-top-tips/>



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Square in a Square

quilting JETgirl		Cut 1 Large Square	Cut 2 Small Squares
Finished Size	Unfinished Size		
1" x 1"	1½" x 1½"	1¼"	1⅜"
1½" x 1½"	2" x 2"	1⅝"	1⅞"
2" x 2"	2½" x 2½"	2"	1⅞"
2½" x 2½"	3" x 3"	2⅜"	2⅞"
3" x 3"	3½" x 3½"	2⅝"	2⅞"
3½" x 3½"	4" x 4"	3"	2⅝"
4" x 4"	4½" x 4½"	3⅜"	2⅞"
4½" x 4½"	5" x 5"	3¾"	3⅞"
5" x 5"	5½" x 5½"	4⅞"	3⅞"
5½" x 5½"	6" x 6"	4½"	3⅝"
6" x 6"	6½" x 6½"	4¾"	3⅞"
6½" x 6½"	7" x 7"	5⅞"	4⅞"
7" x 7"	7½" x 7½"	5½"	4⅜"
7½" x 7½"	8" x 8"	5⅞"	4⅝"
8" x 8"	8½" x 8½"	6¼"	4⅞"
8½" x 8½"	9" x 9"	6⅝"	5⅞"
9" x 9"	9½" x 9½"	6⅞"	5⅜"
9½" x 9½"	10" x 10"	7¼"	5⅞"
10" x 10"	10½" x 10½"	7⅝"	5⅞"
10½" x 10½"	11" x 11"	8"	6⅞"
11" x 11"	11½" x 11½"	8⅜"	6⅞"
11½" x 11½"	12" x 12"	8¾"	6⅝"
12" x 12"	12½" x 12½"	9"	6⅞"

