

PLACEMATS (Birthing method)

2 coordinating fabrics cut to 15 x 19 inches

1 piece batting cut to 15 x 19 inches

Prepare the “sandwich”

Lay the backing fabric flat, right side up. Place the top fabric on top with the right side down (the right sides should be touching. Place the batting on the top fabric (wrong side).

Pin the 3 layers securely around all four edges.

Sew around the Perimeter – using a $\frac{3}{8}$ “ seam, I like to round the corners as I go around, IMPORTANT: be sure to leave a 5 - 7 inch opening on one of the longer side. Clip the corners carefully to reduce the bulk.

Birth the Placemat – reach in through the opening, and carefully pull the mat through so right sides are showing. Press to make the edges sharp, and turn under the open edges. Pin the opening, stitch close around the edge of the quilt.

Use a ruler to mark lines for straight stitch quilting on the placemat using a non permanent pen (frixion or similar). You want the lines about 3-4 inches apart. You can make squares, diamonds, or go random, have fun.

Voila, your placemat is finished!!!